

NSS Unit (National Service Scheme)

Baldwara, Distt. Mandi (H.P)

NSS Annual Report for the session 2025-2026

National Service Scheme popular known as NSS, the scheme was launched on Gandhi's birth centenary year 1969 and aimed at developing student's personality through community service. As a Programme Officer me Prof. Rajgir Singh thanks the principal Dr. Lalit Kumar Guleria and Dr .Dayak ram thakur for the support and guidance to make our NSS activity a great success.

Institute has 100 volunteers for NSS unit in the current year. We started enrolment procedure for the present academic year in the month of July, 2025 and more than 100 students has joined NSS for the year 2025-2026. These volunteers were informed about NSS motto, symbol and its significance by the Program Officer (NSS) of the college during the academic year 2025-2026. NSS activities has been organized under 8 categories –

A. ROUTINE ACTIVITES

B. ONE DAY CAMPAIGN

C. STATE WIDE CLEANLINESS

D. SEVEN DAY SPECIAL NSS CAMP

E. ROAD SAFTEY WORK

F. ANTI CHITTA WALKATHON

G. CULTURAL ACTIVITES

H. RALLIES

A.ROUTINE ACTIVITES

Under this NSS volunteers have performed the various activities which are as follows –

MAY - JUNE 2025

1. Set up a group on Whatsapp to involve volunteers.



2. Cleanliness drive in college campus .



JUNE – JULY 2025

1. On 19-07-2025 a one-day NSS registration session was organized by Acting Principal Dayak Ram Thakur and Program Officer Rajgir Singh for the new volunteers to participate in the National Service Scheme for the session 2025, in which all the new and old volunteers participated enthusiastically.



2. On 19-07-2025, the college premises were cleaned by all the volunteers.



3. The one day camp was concluded with beautifying the garden.

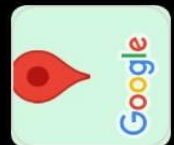


AUGUST 2025

- 1. NATIONAL YOUTH DAY** - On August 12, 2026, on the occasion of International Youth Day, the National Service Unit of Government College, Baldwara organized a Himachali cultural "Gugga Gatha" recitation for all the students and teachers of the college by a group of local people. Through this event, the group of "Gugga Jahanpir" explained in detail the impact of Gugga Gatha on our society and our youth, and inspired the youth to incorporate our old culture and folk tales into their lives and connect with society.



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353°

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children by telling them the importance of independence.



SEPTEMBER 2025

1.NSS DAY

On 24-09-2025, "National Service Scheme Day" was celebrated by the National Service Unit at Government College, Baldwara.

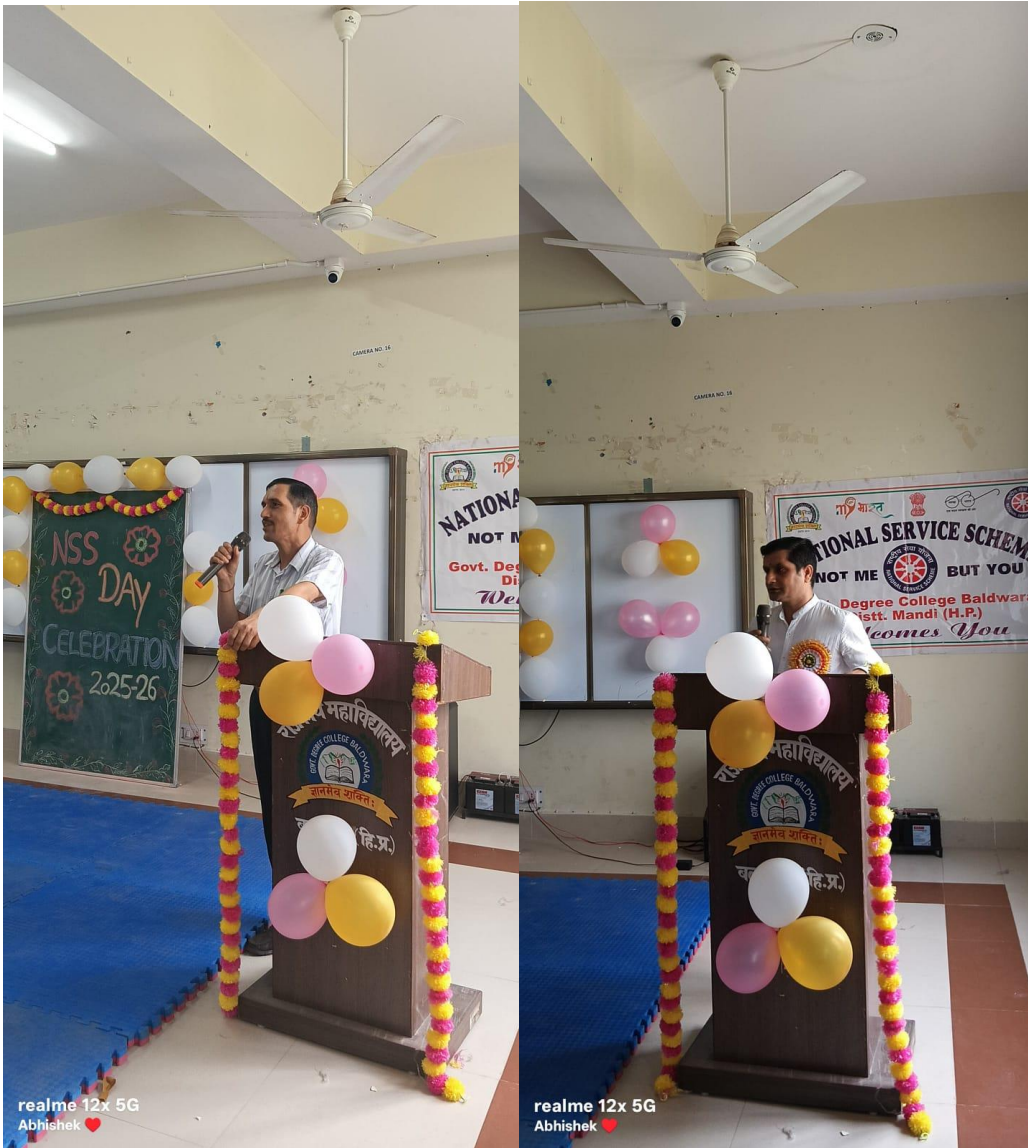
On this occasion, the Principal of our college, Mr. Dayak Ram Thakur was present as the chief guest. The program started with Saraswati Vandana.

The Program Officer of National Service Scheme, Rajgir Singh ji, told the volunteers about the importance of NSS.

The volunteers participated enthusiastically in the cultural program and speech competition.

In the end, the chief guest told the children about the importance of NSS and blessed them. The program ended with the NSS song.





OCTOBER 2025

1. GANDHI JAYANTI

On 1-10-2025, a pledge was taken on the occasion of "Gandhi Jayanti" by the National Service Unit at Government College Balwara. The chief guest of this program was our college's Principal Mr. Dayakram Thakur. All the volunteers took a pledge to keep India clean. After the pledge, all the volunteers cleaned the college campus. All the children contributed their full efforts. In the end, the Principal guided all the children. He told all the children the purpose of celebrating Gandhi Jayanti. In the end, all the children were given refreshments.



2. SHORT PROGRAM

On October 15, 2025, a short program was organized by the National Service Unit at the Government College, Baldwara. The chief guest for this program was Mr. Rajgir Singh, in-charge of the National Service Unit. During this short program, all volunteers were given information about the National Service Scheme and guidance was provided to all the students.



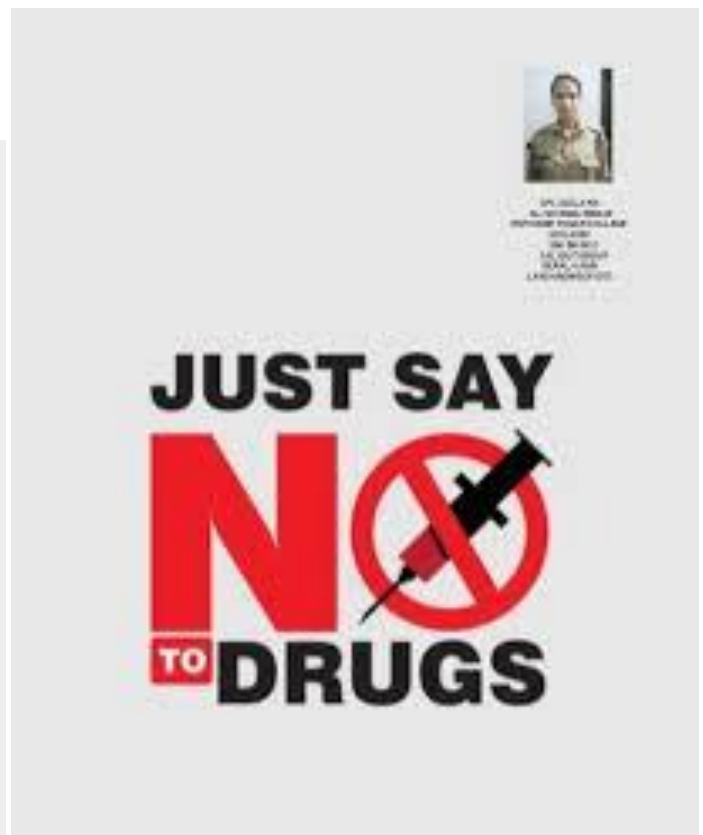
3. DRUG ADDICTION

On 16-10-2025, a small program on drug de-addiction was organized by NSS in Government College Balwara.

The chief guest was the Principal of the college, Dr. Dayakram Thakur. During this program, a small play on drug addiction was shown by the students of the college.

The students gave speeches on drug addiction and some of them made slogans and posters on drug addiction.

In the end, the chief guest told the children about drug abuse and its harmful effects and all the students were made to take an oath not to consume drugs.



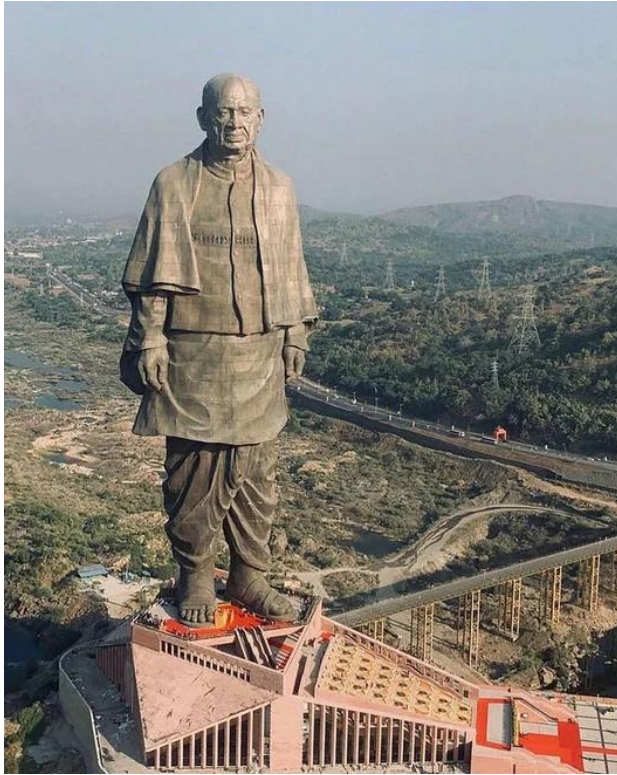
4. DIWALI CELEBRATION: The NSS unit, Baldwara, organized a Rangoli competition on the occasion of Diwali at the Government College, Baldwara, on 17 October 2025. All the children participated enthusiastically in this competition.



5. NATIONAL UNITY DAY

"National Unity Day" was celebrated at Government College, Baldwara on 31-10-2025. This event was organized to commemorate the birth anniversary of Sardar Vallabhbhai Patel. The chief guest of this event was our college's Principal, Mr.

Dayak Ram Thakur. Children participated in competitions such as poster making and essay writing. Finally, the Principal informed all the children about the purpose of celebrating National Unity Day.



NOVEMBER2025

1. ONE DAY CLEANLINESS DRIVE

On 11-11-2025, the NSS Unit of Government College, Balwara organized a one-day cleanliness drive in the college campus, which was presided over by the Principal, Dr. Dayak Ram Thakur. During this, the coordinator of Rashtriya Seva Unit, Prof. Rajgir Singh, divided all the volunteers and the students of the college into different groups and cleaned all types of flower beds, grounds and the main campus road in the entire campus. All the teachers and professors of the college also actively participated in this event and at the end, the children organized an entertainment program.



2.CONSTITUTION DAY

Constitution Day was celebrated at Government College, Baldwara on 26-11-2025. The program was presided over by Dr. Sanjay Sharma. On this occasion, the Program Officer of the NSS unit, Professor Rajgir Singh, administered the oath of the Preamble of the Constitution of India to all the teachers and students. Rajgir Singh explained the importance of Constitution Day to all the students. On this occasion, the college students (Abhishek, Rajat, and Manju) shared their views. Finally, the Acting Principal informed everyone about their rights as well as their duties. The program was attended by the college professors Dr. Gulshan, Dr. Ashwini Malhotra, Dr. Pyar Chand, Dr. Nancy, Dr. Manorama, and all the teachers and non-teaching staff. The program was organized by the Political Science Department, History Department, and National Service Unit of the college.



3.INSTITUTION TOBBACO FREE

On 29-11-2025, under the program "INSTITUTION TOBBACO FREE", wrappers of gutkha, khaini and other intoxicants were collected by the students in the college campus and a slogan writing competition was also organized to make the students aware about the serious health effects of tobacco consumption. This program was conducted under the chairmanship of Professor Rajgir Singh, Program Officer of the Volunteer Unit of Government College Balwara. In this, a detailed discussion was organized on the effects of gutkha, cigarettes etc.



DECEMBER 2025

1.VOTER AWARENESS CAMPAIGN

On 20-12-2025, the "Electoral Literacy Clubs" of Government College, Baldwara organized a voter awareness rally from the college campus to Khudla. The rally was flagged off by the college principal, Dr. Lalit Kumar Guleria, and was attended by all the members of the Electoral Literacy Clubs.



No Voter to be Left Behind

B.ONE DAY CAMPAIGN

DATE :19 – 07-2025

Cleanliness drive by nss volunteers



Garden construction



DATE: 1-10-2025

Cleaning of college campus on the occasion of gandhi jayanti



11-11-2025

One day cleanliness drive



C.STATEWIDE CLEANLINESS

PROGRAM OFFICER PROF.RAJGIR SINGH JI AND
OTHER VOLUNTEERS CLEANING UNDER THE STATE WIDE
CLEANLINESS DRIVE



A. SEVEN DAYS SPECIAL NSS CAMP

(23 –12-2025 TO 29-12-2025)

• On December 23,2025 , a 7 day NSS camp commenced at our college . A total of 50 students participated in this camp, organized by our program officer Prof. Rajgir singh ji . A total of 50 volunteers participated in this camp.

DAY 1

(23/12/2025)

The activities of the first day of the camp were as follows:

1. Opening ceremony of the 7 days NSS camp:

- On the first day of the camp , the opening ceremony of the 7-day NSS camp was held. At the camp's inauguration ceremony, the chief guest was Professor Vijay kumar kaundal (Former and retired principal of Baldwara College), while Dr. Lalit Kumar Guleria (presently principal of baldwara) was guest of honour , and Dr. Sunil,(the Vice –Principal of Dehar College) was special guest.





- This camp was inaugurated by the chief guest Professor Vijay kumar kaundal ji , guest of honour Dr. Lalit Kumar Guleria ji and special guest Dr. sunil ji by lightning the lamp.



•After this , Dr.Lalit Kumar Guleria Honored the chief guest by presenting him with a traditional Himachali cap and a memento . After then program officer Rajgir singh ji and the college faculty honored and welcomed Principal Dr. Lalit Kumar Guleria ji by presenting them with traditional Himachali caps and mementos.



•After this , NSS volunteers presented a Saraswati vandna (prayer to goddess Saraswati), moving the program forward.



- As a part of other activities , the volunteers entertained the audience by performing Himachali Natti dance , Punjabi songs , and Himachli folk songs.



- Afterward , the chief guest, Prof. Vijay kaundal , the guest of honor Dr. Lalit Kumar Guleria , special guest Dr. Sunil kumar , and the program officer Prof rajgir singh ji , enlightened all the volunteers through their excellent speeches and thoughts , installing in them a sense of service and dedication towards society.





•After this , The chief guest inaugurated the seven day nss camy by digging the ground.



2. LUNCH

• After the inaugural session , all the guests, the college faculty, and the volunteers had a meal together .



3.EVENING SESSION

- In the evening session , Program officer Prof. Rajgir Singh presented the objective of the camp and the outline of the activities to be held in the coming week to the volunteers.

4. DINNER

- After the evening session, Program Officer Prof Rajgir singh ji and all the volunteers had dinner together.

5.CULTURAL NIGHT

- After dinner, a night session was held in which program Officer Prof rajgir singh ji divided all the children into groups of three, and the first day concluded with a cultural evening.

DAY 2

(24/12/2025)

The activities of the second day of the camp were as follows:

1. MORNING SESSION

- The day began with waking up at 5:00 AM, followed by yoga from 5:30 AM to 7:00 AM. All the volunteers performed exercises, pranayama, and

yoga under the guidance of the program officer, Professor Rajgir Singh ji.

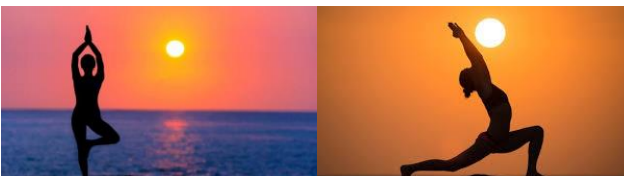
- All the volunteers did yoga under the guidance of Rajgir ji



- After yoga, all the volunteers went for a morning walk from the college campus to Khudla.



- After the morning walk, everyone offered prayers and had breakfast.



- After breakfast , all the volunteers tagged the flower beds in the college, identifying a total of 64 beds.



- After identification, one flower bed was allotted to each volunteer group. After allocation, all the groups cleaned their respective flower beds and began the construction work. In this way, a total of 14 flower beds were

prepared by the volunteers on the second day of the camp, and the beds were revitalized.

2.EDUCATIONAL OR ACADEMIC SSSION

- **After this, all the volunteers had lunch, and after lunch, an educational session was held, in which Mr. Dharamveer Singh ji (Deputy Manager of SBI Bank Baldwara) and Ms. Kritika Parasher, Junior Associate of SBI Baldwara were specially present as resource persons. Mr. Dharam Singh explained the importance of banking to all the volunteers, and Ms. Kritika Parasher provided information to the volunteers about opening a bank account, bank benefits, bank jobs, and the bank recruitment process. She also spoke about the improvements in the quality of life after getting a bank job. After the information was given by the resource person, Program Officer Professor Rajgir Singh provided important information to the volunteers about online transactions, cash transfers, and banking.**

3.EVENING SESSION

- **After the academic session, an evening session was held where all the volunteers parade together. After the parade, all the volunteers performed the evening Aarti at the local Shiva temple. After the Aarti, all the volunteers returned to the college campus and had dinner.**

4.CULTURAL SESSION

- **After the academic session, an evening session was held where all the volunteers parade together. After the prade, all the volunteers performed the evening Aarti at the local Shiva temple. After the Aarti, all the volunteers returned to the college campus and had dinner.**

DAY 3

(25/12/2025)

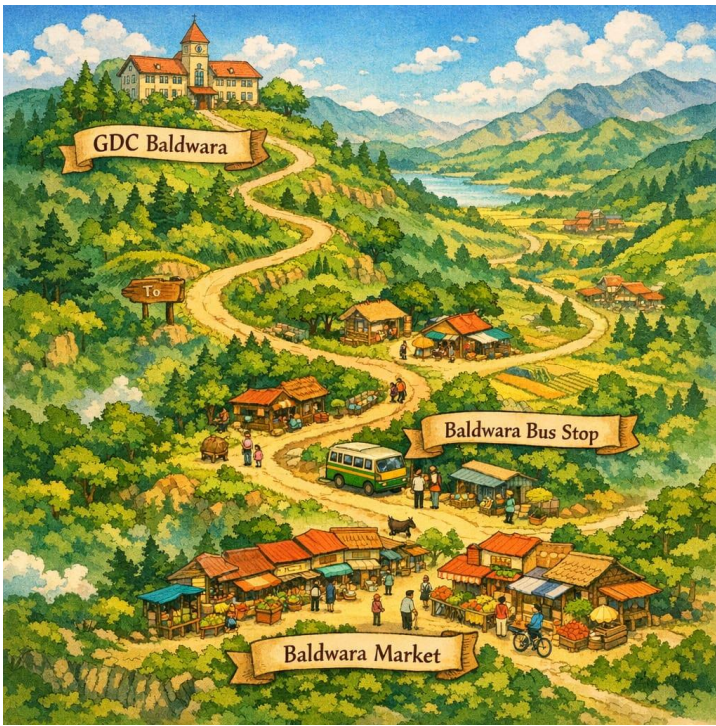
After the successful end of the second day of the camp, the third day began on December 25, 2025. The activities of the third day were as follows:

1.MORNING SESSION

•The day started with waking up at 5:00 AM, and from 5:30 AM to 7:00 AM, all the volunteers, under the guidance of the program officer, Professor Rajgir Singh, performed pranayama, exercises, and meditation.



•On this day, all the volunteers went for a morning walk from the college to Baldwara market.



•After returning, we offered prayers and then had breakfast.



2.TASK SESSION

- After breakfast, the volunteers cleaned and made remaining flower beds.



After completing this task, all the volunteers left for barswatar village, which has been adopted by NSS .



- While traveling from the college to the village, all the volunteers cleaned the road.



- Upon reaching Varsvatar, the head of Khudla Gram Panchayat, sh.Tara Chand ji, gave a grand welcome to the NSS unit of Baldwara.



- On this occasion, Prerna (a nss volunteer) gave a speech to all the villagers on the topic of anti-drug awareness. After this, Program Officer Professor Rajgir Singh Ji raised awareness among all the villagers in the Local areas about preventing the spread of drugs and also discussed topics such as cleanliness Voter awareness and drug prevention. Gram Panchayat Khudla's Pradhan, Tara Chand Ji, also addressed all the people present, discussing voter awareness , Panchayat schemes and drug prevention.
- All the volunteers, along with the members of the women's group, also performed a cultural program.



- After these activities, all the volunteers returned to the college and had lunch.
 - In the training session, Professor Rajgir Singh presented the outline of the upcoming program to the NSS volunteers.

3.EVENING SESSION

- After the training session, all the volunteers participated in a parade.



- After the parade, everyone arranged and had dinner together.

4.CULTURAL SESSION

After dinner, a cultural program was held in the evening, in which all the volunteers showcased their talents through dance, music, and other art forms.

DAY 4

(26/12/2025)

1.MORNING SESSION

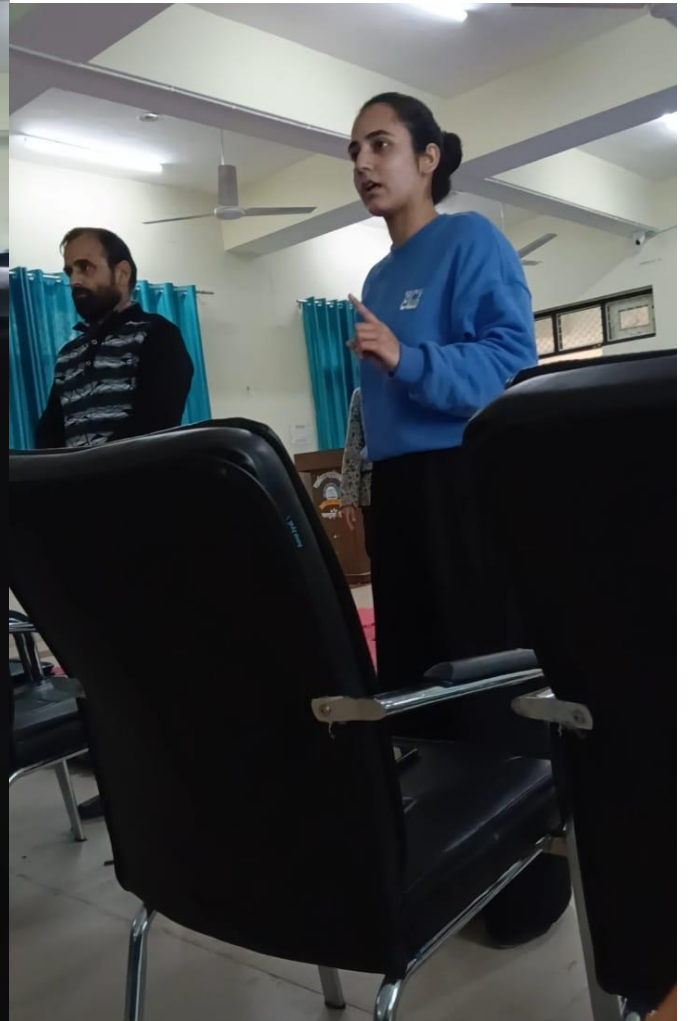
On the 4th day, the morning wake-up call was at 5 AM. From 5:30 AM onwards, all the volunteers did yoga, during which the program officer, Professor Rajgir Singh, explained the importance of yoga to the volunteers. After yoga, all the volunteers went for a morning walk to Baldwara market. After returning, everyone offered prayers and had breakfast, and then got busy making flowerbeds.





2. EDUCATIONAL OR ACADEMIC SESSION

After making the flowerbeds, all the volunteers had lunch. This was followed by an educational session in which Ankush Kumar ji provided information to all the volunteers about Aadhaar linking, various post office schemes, Aadhaar updates, etc. He also informed the NSS volunteers about exams like SSC UPSC ETC.



3.EVENING SESSION

After educational session, there was an evening session in which all the volunteers participated in a parade. After the parade, all the volunteers performed Aarti at the local Shiva temple. Upon returning, they had dinner.

4.CULTURAL SESSION

After dinner, a cultural program was held in the evening, in which all the volunteers showcased their talents through dance, music, and other art forms.

DAY 5

(27/12/2025)

The fifth day of the camp began on December 27, 2025, and the activities for the day were as follows:

1.MORNING SESSION

All the volunteers woke up at 5:00 AM and performed yoga exercises including pranayama, physical exercises, and meditation from 5:30 AM to 7:00 AM.

After that, all the volunteers left for Khudla for a morning walk. Upon returning, they bathed, prayed, and had their meals.

After the meal, all the volunteers cleaned the interior rooms of the college.

After cleaning the rooms, all the volunteers set to work on constructing the remaining flowerbeds.



2.ANTI DRUG AWARENESS CAMPAIGN

After cleaning, all the volunteers participated in an "anti-drug awareness campaign," in which Dr. Vikram Singh (PHC Chandesh) was present as the chief guest and Anil ji the

Block Medical Officer of Baldwara, was present as the special guest. And the vice principal of govt degree College baldwara (professor sanjay kumar ji) , teaching staff of govt college baldwara ,Two officers of the Hatli police and local ASHA workers also participated in this campaign.The Vice Principal of Baldwara College, Professor Sanjay Kumar ji and the Program Officer, Professor Rajgir Singh ji presented the objectives of the anti-drug awareness campaign. They also raised awareness among everyone about the harmful effects of drugs and how to prevent drug abuse.

The chief guest, Dr. Vikram Singh ji, explained ways to avoid drug abuse through an activity. He also defined the definition of health given by the World Health Organization and inspired all the children to strive for good health.



- ANTI CHITTA WALKTHON



After that, all the guests, the vice principal, the teaching staff, and the college students participated in the walkathon and raised awareness among everyone in the area from the college to Khudla by shouting slogans against increasing drug abuse.



Upon returning, all the volunteers had lunch and then set about the task of revitalizing the flower beds.





3.EVENING SESSION

After that ,during the academic session, Professor Rajgir Singh presented the outline of upcoming activities to the volunteers.Afterwards, dinner was arranged, and all the volunteers had their dinner.

4.CULTURAL SESSION

After the meal, a cultural session was held in which all the volunteers showcased their talents in dance, music, and other art forms.



DAY 6

(28/12/2025)

After the end of the fifth day, the sixth day began, and the activities of the sixth day were as follows:

1.MORNING SESSION

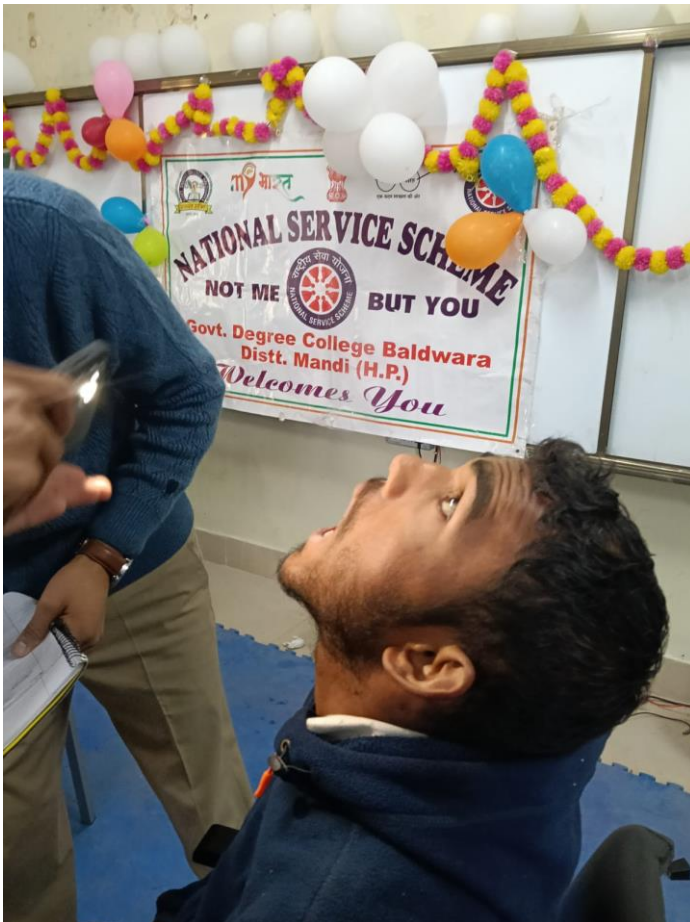
All the volunteers woke up at 5 AM, after which they did yoga, went for a morning walk, took a bath, offered prayers, and had their meal.



2.DENTAL HEALTH CHECKUP

After the meal, Dr. Shivam Minhas ji conducted a dental health checkup for all the volunteers.





Present on this occasion were Mr. Pyare Lal Janau ji (District President of the Sai Samiti organization), Mr. Rakesh Kumar ji (Convener of the Sai Samiti organization) Dr. Poonam from (Minhas Dental Clinic), Dr. Vikram ji and Dr. Rajendra Thakur ji (Conveners of the Sai Samiti organization) Mr. Pawan Kumar ji and Mr. Ashwini Rattwan ji (members of the Sai Samiti organization) and Dr. Vikramji (Associate Professor of Mathematics at Government College Ghumarwin)

3.TASK SESSION

After this session, all the volunteers worked on reviving the remaining flower beds.



4.EVENING SESSION

After that ,during the academic session, Professor Rajgir Singh presented the outline of upcoming activities to the volunteers. At night, all the volunteers arranged for dinner and had their meal.

5.CULTURAL SESSION

The sixth day concluded with a cultural session after dinner.



DAY 7

(29/12/2025)

The activities of the last day of the camp were as follows:

1.MORNING SESSION

The day started with waking up at 5 AM, followed by yoga, a morning walk, bathing, and breakfast .After that, all the volunteers cleaned the college premises and gathered for the closing ceremony.



2.CLOSING CERMONY

After cleaning the premises, all the volunteers gathered in the hall for the closing ceremony of camp. This was the final day of our seven-day NSS camp, and on this day, the camp's closing ceremony began.

- WELCOME TO THE CHIEF GUEST

On the occasion of the camp's closing ceremony, Dr. Shyam Lal Thakur, the retired Principal of Sarkaghat College, was present as the Chief Guest, while Dr. Brij Lal Goyal, the retired Principal of Baldwara College, attended as the Guest of Honour.



- The programme was inaugurated by the chief guest by planting a sapling.



- **LIGHTNING OF THE LAMP**

After the tree-planting, all the guests and volunteers gathered in the hall. The Chief Guest, the Guest of Honour, and the Principal of the college inaugurated the closing ceremony by lighting the lamp.



- **SARSWATI VANDANA**

Following this, the program was carried forward by the volunteers with the recitation of the Saraswati Vandana.



- Following the Saraswati Vandana, all the volunteers entertained the guests and fellow volunteers by showcasing their remarkable talents.

- **PRESENTATION OF THE REPORT ON THE SEVEN DAY CAMP**

Subsequently, the report on the seven-day camp was presented, and all the volunteers described their experiences of the seven days.

- **CHIEF GUEST SPEECH**

At the conclusion of the program, the Chief Guest delivered a speech, in which he inspired the children to engage in social service. He also extended his best wishes to all the volunteers for the successful organization of this seven-day camp.

- **VOTE OF THANKS**

Following the Chief Guest's address, Program Officer Professor Rajgir delivered the vote of thanks, congratulating all the students and fellow

teachers on the successful organization of the seven-day camp and expressing his gratitude to everyone for their cooperation.



NSS PO

Principal

Govt. College Baldwara
Distt. Mandi (HP)

Govt. College Baldwara
Distt. Mandi (HP)

